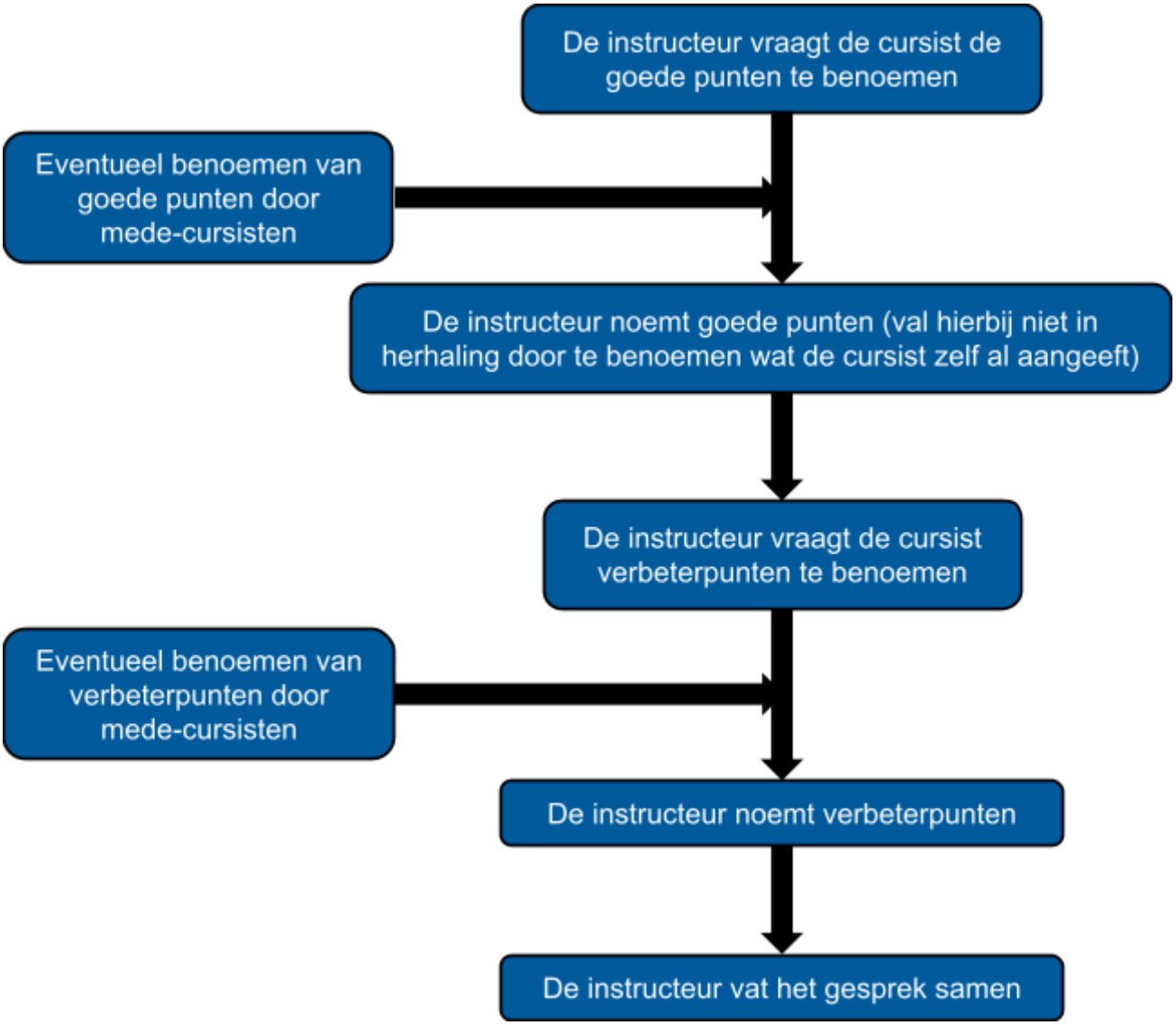Bijlage 2, Nabespreken: Pendleton methode