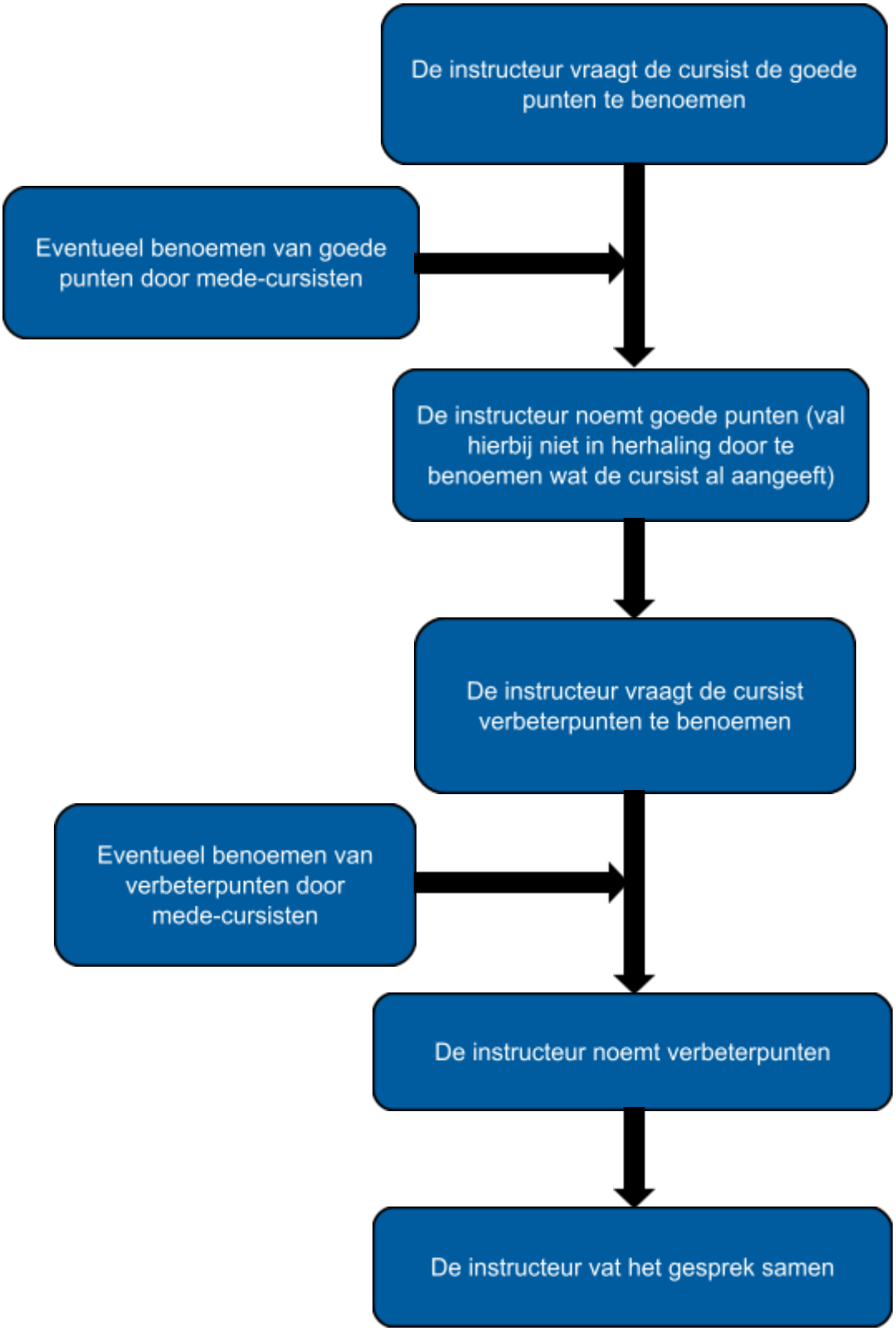Bijlage 4, Nabespreken: Pendleton methode